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Creating Resolutions Towards Your Destiny

The goal of this tool is to take you through a practical assessment of who you are today, what you stand for and what the next resolutions are that need to become commitments for you to press on towards your life of purpose and eventual destiny!

The Setup

1. First ask yourself: "what would others say they would change about you if they could"?

2. *Define Your Strengths* – This could be professionally or personally speaking. Also, this is a great way to help you to come up with your purpose. You can also look to books like *Now Discover Your Strengths* or websites like www.strengthfinders.com to help you if needed. List at least 3 below:

3. *Define Your Driving Purpose* – Another way of looking at this is what is your one reason to live when all things fail? Write it down and be specific.

4. *Build Your Leadership Brand* – You start by choosing 4 to 5 words that represent your core values. You then come back to these as you face tough times in life and use them as your measuring stick for the creation of new goals and resolutions. An example was (Live, Love, Laugh, Learn & Teach). You then need to choose one of those words that is your *ignitor word* that drives everything else within you. As an example it could be love.

Practical Steps for Developing Your Resolutions Process

1. List out the major obstacles and opportunities you see in your life within the next 12 months.

Major Obstacles/Challenges	Greatest Opportunities

2. *Pick Your Personal Board of Advisors* – reflect on the people you respect the most, and the ones that inspire you most to reach your dreams in different areas of life. The ones that embody the type of life you are pursuing in terms of character and accomplishment. You don't need to officially tell them that they are on your board of advisors, but you should tap into their strengths and wisdom in an on-going fashion. They might be in different areas of specialty. One could be finances, one could be career, and one could be relationships as an example. You can start by pouring into their lives and serving them out of love and friendship. In doing so you can ensure your outward focus builds deeper roots. Write down the names of your team below:

